

# AIEF Mentoring

Handbook







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## Welcome

Welcome to AIEF Mentoring, and thank you for committing to support an AIEF Scholarship Student through their senior years at school and beyond.

## How to use this handbook

The AIEF Mentoring Handbook is a comprehensive guide to all aspects of mentoring. It contains important information about student and mentor responsibilities, child protection, AIEF's Duty of Care policy, cultural awareness engagement policies and basic logistics, as well as valuable information about the mentoring experience.

This handbook is a reference book and it is not intended for use during mentoring sessions. Please ensure you familiarise yourself with its contents before meeting the student, and return to it from time to time to refresh your knowledge. If you are ever confused or unsure about an issue, consult the handbook, then contact AIEF if your question remains unresolved.

Being a mentor has been an honour and such a rewarding experience. To be able to make a difference in a student's life gives everyone an immense feeling of value. – Irene Fong, AIEF Mentor (Qantas)





# Part One About AIEF

The Australian Indigenous Education Foundation (AIEF) was established in 2008 in response to community demand from Indigenous families who choose to enrol their children in boarding schools.

Bringing together the government and private sector, AIEF provides scholarship funding for Indigenous students to complete Year 12 or tertiary studies, with career support to help them make a successful transition to employment.

Backed by some of Australia's most influential business and community leaders, AIEF has grown from one scholarship student in 2008 to now supporting over 1,200 young Indigenous people from over 400 communities in every state and territory of Australia.

## **AIEF and Partner Schools**

The rationale for AIEF's existence is to empower Indigenous families to make key decisions affecting their own family, including how and where their children are educated. Consistent with the principle of self-determination, AIEF responds to self-generated demand from Indigenous families and provides co-funding for those families who choose a school themselves, initiate the enrolment application process and financially contribute to the school fees.

Since AIEF was established it has provided scholarship funding to enable its partner schools to respond to the increasing demand from Indigenous families and increase the number of Indigenous boarders at their schools. AIEF has two roles – one in education and one in careers – and in both of these areas AIEF has enabling functions as follows:

- Education: Provision of financial support through scholarship funding paid to schools to enable them to achieve education outcomes for students (the AIEF Scholarship Program); and
- Careers: Provision of career support to students and alumni to enable them to achieve career outcomes after they complete their studies (the AIEF Pathways Program).

My role is to be a good listener; to encourage the student to be self-aware, to understand and appreciate his strengths, to acknowledge areas for improvement and thrive to overcome challenges; and to ultimately become the person he wants to be. – Tafara Chipamaunga, AIEF Mentor (South32)

## Program structure

AIEF Mentoring aims to create meaningful, long-term relationships between students and volunteer mentors. AIEF Mentoring relationships commence in Year 10, and pairs are supported to continue their relationships to Year 12 and in some cases, beyond. At the outset, both mentors and students are asked to make a long-term commitment to AIEF Mentoring.

Success will look very different for each pair. Some students will have specific goals in mind for their mentoring relationship, while others may value support and guidance to set their goals.

As a mentor, you are now part of a student's support network of boarding staff, teachers, families, peers and AIEF.

You are primarily responsible for driving the relationship. The majority of students will not have had a mentor before. It will be your responsibility to reach out, drive conversation and put consistent energy into building an effective and meaningful relationship.

## Who are AIEF Students

AIEF Scholarship Students are

- teenagers,
- Indigenous Australians,
- attending AIEF Partner Schools on AIEF Scholarships,
- boarding students,
- supported and encouraged by their families, and
- motivated to complete Year 12.

While AIEF Students have these things in common, it is important to remember that they are unique individuals from vastly different backgrounds and have had diverse life experiences. It is important to suspend all preconceived notions about what each student will look like or what their identity and culture means to them.

We ask that you be sensitive and willing to understand the students' differing experiences, values, and perspectives.

Some AIEF Students come from metropolitan/urban areas and may live in local proximity to the boarding school. Others can come from rural, remote and very remote areas and travel considerable distances to attend boarding school.

## **Training**

You will have by now completed mandatory National Police Checks (NPC), and Working With Vulnerable People (WWVP) and reference checks as part of your onboarding. These always need to be current and AIEF will manage the renewals with you in a timely manner. We will require your support in this and note that if your WWVP or National Police Checks expire at any time you will not be able to continue any contact with the student.

You will have also undertaken Cultural Awareness Training with an external provider and we encourage you to continue to learn about Indigenous Australia in your own time and to remember that students are not your resource for cultural learning.



All new and continuing mentors must attend an annual (start of year) mandatory group training session hosted by AIEF. At the end of this session, you should have a clear understanding of:

- the purpose and goals of AIEF Mentoring and its relationship to other AIEF programs,
- how AIEF Mentoring works,
- your responsibilities and commitments and those of the student, school employees and AIEF, and
- your duty of care, including child safeguarding and mandatory reporting principles.

## Induction and Kick-Off

New student and mentor pairs meet for the first time at Induction, usually held in the first term of the year. The Induction includes several activities to encourage you and the student to establish rapport, build trust, and focus on getting to know one another while also having fun. Continuing mentors will attend a Kick-Off event to re-establish bonds and connect with students after the long summer holiday break. Sometimes the Induction and Kick-Off are held as the same event.

## Compulsory Mentor Reporting

AIEF utilises the AIEF Engage Portal to support mentoring relationships. As you will be working with young people, it is vital to record all contact and contact attempts with the student in the AIEF Engage Portal. Whether it is a text, call, email, online video conference or face to face session, all contact must be recorded in the portal. This helps us to provide the best experience for students and allows us to monitor and support you, and meet our legal and reporting obligations.

Reporting your contact or attempt at contact is not only a mandatory requirement; it also supports AIEF Team Members to identify any issues or concerns to ensure that the relevant and necessary support is provided. To be absolutely clear – you will not be fulfilling your duties if you do not use the portal and will be putting the continuance of your relationship at risk and letting your student down.

The details of upcoming events will also be shared on the AIEF Engage Portal, including the date, time, and location.

AIEF will maintain regular contact with you during your mentoring relationship. AIEF is available to support you, so you don't need to wait for a check-in if you need support before that – you can contact us any time.

The AIEF Engage Portal allows you to log interactions simply and efficiently. You will receive an email invitation to register your account to access the portal. You will also receive an email with a video link with full step by step instructions on how to use the portal or you can refer to the section at the back of this Handbook. You should log into your account and explore the portal prior to meeting your student for the first time. We suggest you bookmark the portal on your devices so it is quick and easy to access.

Some examples of session notes are shown below. It is vital that you record all contact or attempted contact, otherwise you will be in breach of your child safeguarding responsibilities.

#### Example One:

I met with Emi for dinner outside the library on Thursday. I brought McDonalds and we discussed Emi's plans for the school holidays. Emi is heading home and she doesn't have any reception in the Torres Strait. We're going to catch up in the second week back.

## Example Two:

I organised a Zoom catch up with Peter. We had a 30-minute chat about Peter's interest in gaining an apprenticeship at Qantas. I will check in with AIEF about supporting the organisation of a site visit.

### Example Three:

I was supposed to meet with Sarah for a catch up this afternoon but Sarah didn't show up. Can someone from AIEF please call to discuss.

## Social Media

As already mentioned, we encourage you to contact the student by email, phone, text or online video conferencing. Social media sites are not to be used as they:

- lack emotional connection,
- blur relationship boundaries,
- convey inauthentic expressions through miscommunication in tone of messages,
- but most importantly conflict with AIEF and School Privacy and child safeguarding policies.

As a mentor, you may use LinkedIn as a professional resource. Students and mentors are able to connect on LinkedIn as it is a career building resource and you may support the student in setting up a profile. However, you should not post about or share photos on social media with AIEF Students or identifying AIEF Students without prior explicit permission from AIEF.

Please find below examples of appropriate and inappropriate uses of LinkedIn:

#### Appropriate:



#### Inappropriate:



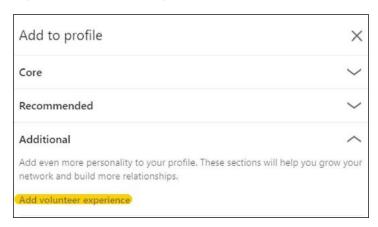


## Acknowledge your experience

Once you have started your mentoring journey, you might like to add your role as an AIEF Mentor to your LinkedIn profile, or acknowledge your role in your email signature.

To add AIEF as a volunteer experience on LinkedIn:

- Login to your profile and click 'Add profile section'.
- Under, 'Additional', select 'Volunteer Experience'.
- Enter Australian Indigenous Education Foundation (AIEF) as the organisation and Mentor as the role.
- Select your start date, e.g. | February 202|.
- To protect student privacy, you must not post the name of the student or any photographs of the student in any social media including LinkedIn.
- You may like to use the following text as the description: AIEF Mentoring pairs AIEF Scholarship Students with
  volunteer mentors and aims to build meaningful relationships that will support students through their senior
  years at school and beyond.





To add your volunteering experience to your email signature:

- Within your email client, open your signature for editing.
- Under your job title, but before your organisation, add the text 'AIEF Mentor'. You may choose to hyperlink this to the aief.com.au website.
- Now all your stakeholders will know about your role and have the option of learning more about AIEF.

Additionally, mentors should not speak to the media or make public comment on behalf of AIEF and AIEF Mentoring without prior permission from AIEF. If your organisation would like to promote AIEF Mentoring, speak with us and we will connect with our Communications Team.

I think mentoring is probably just as beneficial for the students as it is for the mentors; to be able to give back a bit of their time and experience. It's been such a good experience and I'm looking forward to developing our relationship.

— Richard Yeo, AIEF Mentor (Qantas)

## Student-Mentor Sessions

You are responsible for working with the student to arrange your catch ups. We ask that for the first six months you aim to meet every fortnight, in person, at the student's school. You will have the student's telephone number and email and can call, text, online video conference or email to arrange these sessions. You will also have the school's contact details and a list of all other mentors at the school.

Once you have confirmed a session with the student, the appropriate school contact must be informed prior to your arrival on school premises. This is not only mandatory for safety and reporting, but also ensures school employees can remind and support the student about upcoming sessions. These sessions must be held in public, open places at the school and never in private, closed venues. You must ensure you are never alone with a child unless there is line of sight to other adults.

You are required to record all contact with students, including the communication to set up these sessions and the sessions themselves, in the AIEF Engage Portal.

### In summary:

- I. Arrange the session with the student
- 2. Confirm the details (date and time) with the school contact
- 3. Fill in the portal post-session to report to AIEF on the catch up

These sessions run for approximately one hour and are typically held outside of school hours. For the first six months all sessions must take place at the student's school. Session may be held in groups with other student-mentor pairs or one on one.

At the start of your relationship try to have the student set out their expectations and what they hope to achieve from the relationship. If they are unsure then perhaps set some goals together. Find out how they like to communicate, what medium they prefer, where they would prefer to meet and "hang out".

It's a good idea to ask the student for a copy of their timetable and make a note of important events, exams or assessment periods. Be creative in finding a time that suits you both. This could include meeting for breakfast before school, having dinner together in the boarding house or meeting on the weekend. In very busy times, virtual meetings can be a good alternative to meeting face-to-face. It's easiest to lock in your next session at the previous one, or even lock-in a few in advance.

While your sessions take place at school, be conscious of your environment. Sitting and chatting can be repetitive or feel like more "school" to the student - bring this up and ask if they would like to move around. Here some ideas to keep your sessions engaging:

- Change location for each session if possible ask the student about special parts of the school that they might want or could share with you.
- Doing something practical can sometimes help kick start the conversation make a paper plane and take it flying, do a puzzle, solve some brain teasers, bring a book you like, research something together on a laptop, or play a board game together.
- Create a group by having a two on two sessions: ask the student if they have a friend on the program and buddy up with another pair for your session. You will have the opportunity to meet with other mentors from the student's school at Induction and we shall also share these details with you.
- Get active: shoot hoops, play ping-pong, kick a ball, explore the school buildings or go for a walk while catching up.
- Food! Bring takeaway to the boarding house, have afternoon tea, or have a picnic on the lawns.



AIEF will be regularly checking the Engage Portal for your recorded mentor sessions. Should it appear that you have not been able to meet and establish the relationship through regular, in-person, on-site meetings, we will discuss, review and offer support for the mentoring relationship.

Usually before the end of term two AIEF will host the online Mid-Year Mentor Workshop. The Workshop will provide the opportunity to share your successes and challenges with other mentors and gain handy hints and ideas. This workshop is mandatory.

After this, and with the confirmation from AIEF, you will also have the opportunity to meet in public places off-campus (such as a cafe or a sports game) in groups with other student-mentor pairs. One on one activities held off school grounds are not permitted.

You might plan a variety of sessions outside the school environment. Permission must be obtained from the appropriate school contact (this may include permission from the boarding house, so check with the student who they need to get sign-off from). In most cases, this permission will need to be sought by the student. Please check the requirements and procedures that apply at the student's school and if you are unsure, send us an email or give us a call. Some ideas for activities include:

- arranging a workplace visit are there other mentors from your workplace at the same school, let AIEF help you arrange
- meeting a person working in the career area of interest to the student
- training for a sporting event
- visiting an art gallery or exhibition
- going for a milkshake at a local cafe
- going on a picnic
- learning a new craft or card game
- swapping your favourite books
- comparing your favourite movies or series
- going to an Open Day at a University or TAFE college
- attending a local sporting match

Mentors are encouraged to engage in activities that are free or low cost. Any expenditure, including purchase of entry tickets, must be recorded in the AIEF Engage Portal but cannot be reimbursed.

You can also explore options to attend school events where the student is involved, e.g. sporting matches, dance concerts, NAIDOC Week assembly or musical recitals.

In addition to individual meetings, AIEF organises several group activities each year for all the mentor pairs in your region. Group activities are usually held mid-year and at the end of the year and take place in relaxed, informal environments to encourage interaction between pairs. We expect all mentors to attend these events.

For all engagements, it is important that you notify the student and AIEF as soon as possible if you are unable to attend.

## **Post-School Transition**

During their senior years, students will weigh up different options according to their interests, abilities, lifestyle and goals. As a mentor, you will make an important contribution to the student's career plan. You will also be invited to take part in AIEF events, such as Year 12 Graduation, with the student.

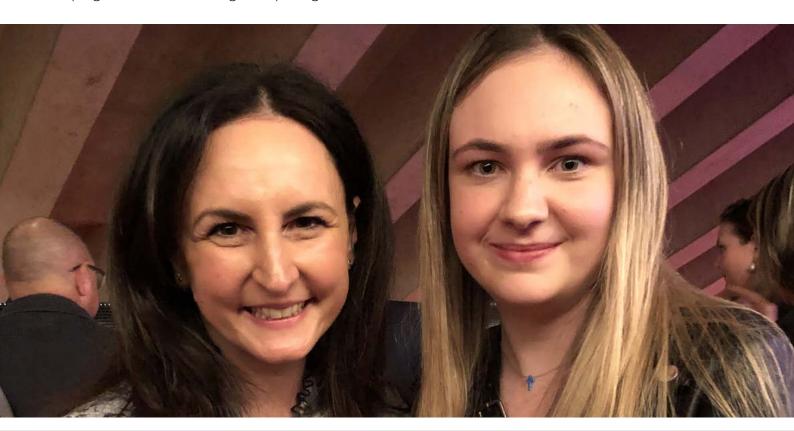
You might also like to help the student learn about and consider different career opportunities during your regular sessions, and talk about which options would suit them best. When you're supporting the student as they make decisions about life after school, it's important to remember that there is no right or wrong pathway, and that understanding the wide variety of options available is usually the best place to start.

You can support the student by:

- discussing their interests, which are a useful starting point for discussions about different pathways,
- talking through their values, strengths and weaknesses,
- discussing the opportunities available to them,
- researching the experience and/or qualifications required for different pathways,
- searching university websites together,
- helping them plan to achieve their goals,
- inviting them to your workplace, or
- discussing their aspirations with AIEF to assist with their career support.

## **Feedback**

AIEF values your ongoing feedback and may provide a short survey for you to complete at different points during the program, in addition to regular reporting.





# Part Two Mentoring young people

AIEF will provide resources and guidance to support you and the student as you progress through AIEF Mentoring. The team will also be available to answer any questions you may have, either by phone or email.

## Reporting

After each contact with a student, mentors must log-in to the AIEF Engage Portal. This applies to all contact with the student, whether this is in person, by phone, online video conference, text or email.

The following information must be recorded in the AIEF Engage portal:

- date, duration and location of the contact,
- amount of money spent, if any, by you on the student during the session,
- topics discussed (brief dot points or summary),
- any wins or issues of concern, and
- any additional support required by the student.

Think of the portal as a summary of the interaction and a tool to help AIEF assist the student and you and your relationship.

Becoming an AIEF Mentor has been such an enriching experience. The time and energy you put in is rewarded exponentially. – Olga Kategarakis, AIEF Mentor (Commonwealth Bank)

## Changing Circumstances

AIEF acknowledges that circumstances may change and has procedures in place to support changes in, or the closure of, mentoring relationships. These procedures aim to ensure the mentoring experience remains positive for you and for the student involved. AIEF will prioritise the needs and interests of the student at all times and will ensure confidentially is respected.

#### Graduation

AIEF Mentoring is designed to be long-term, and we strongly encourage all pairs to continue the mentoring relationship after graduation from Year 12. Mentors with students who have graduated but are yet to reach 18 years of age must continue to record all contact in the AIEF Engage Portal and remain current with Police and WWVP checks. Should the student be in this position we shall discuss with you at the time.

#### **Employment Changes**

AIEF Mentoring is primarily supported by volunteer mentors from the AIEF Corporate Partner network. If a mentor leaves their employer, AIEF will support the mentor to continue in the program once approval has been given by both their former and current employers. In some instances, it may not be possible for the mentorship to continue and AIEF may attempt to source a new mentor for the student.

### Closure initiated by the student

There may be instances where a student discontinues the mentoring relationship, either due to necessity or personal choice. If this occurs, AIEF will consult with all parties involved to ensure the closure of the relationship is well managed.

## Closure initiated by the mentor

A mentor may decide their mentoring relationship cannot continue for a number of reasons. These may include the mentor relocating interstate or commencing a new role that means they can no longer fulfil their commitment to the student.

It is important that these transitions are managed carefully, as a poorly managed closure of a relationship can be very distressing for the student. If it is necessary to close the relationship, please advise AIEF first, before discussing this with the student. AIEF will engage with all parties to ensure the process is well managed. Confidentiality policies will be adhered to throughout this process and, if appropriate, AIEF will attempt to rematch the student with a new mentor.

Having someone outside of school and family who can support me is an amazing feeling. Our relationship has grown stronger over the years and I will be forever grateful for it. – Maria, mentored by Fiona Connery (SAP)





# Safeguarding children and young people

## **Duty of Care**

All children and young people have a right to feel safe, and to be safe at all times. State and Federal laws are in place to protect children and keep them safe. All people and organisations that interact with children and young people have responsibilities that they must abide by. This includes having a legal Duty of Care.

A Duty of Care is a legal duty to take reasonable care to avoid others being harmed. This means taking steps to identify risks and any reasonably likely harmful effects of both actions and inactions.

## Our Commitment

AIEF is committed to the National Principles for Child Safe Organisations and to creating environments where the safety and wellbeing of children and young people is at the centre of our thoughts, values and actions. We strive for an organisational culture where children and young people, families, communities and everyone who works with us feels safe and confident to have a say and raise any concerns.

We respect and value the rights of all children and young people, and support them to reach their full potential. We recognise that particular consideration needs to be paid to the cultural safety of Indigenous children and young people whom we work with. We also acknowledge the particular needs of children and young people arising from their cultural and linguistic background, sexuality, gender diversity, disability, or as a result of domestic and family violence or other trauma.

Safeguarding children and young people is the responsibility of all AIEF stakeholders including the Board, team members, contractors, school contractors, school employees, students and volunteers across the whole organisation.

### AIEF will:

- Drive a culture of child safety at all levels of the organisation.
- Take all allegations or disclosures of abuse or neglect seriously, respond appropriately, and report concerns to the relevant authorities. The safety of the child/young person will be our primary consideration.
- Empower children, young people, families and communities to participate in decisions which affect their lives.
- Value diversity and promote inclusive practices.
- Employ and engage only people who are suitable to work with children and young people and provide high quality supervision and support.
- Ensure children and young people who feel unsafe, or wish to raise a concern know who to talk with and feel comfortable to do so.
- Ensure our team members are equipped with the knowledge, skills and awareness to keep children safe.
- Embed the National Principles for Child Safe Organisations within our quality assurance practices.
- Undertake regular review of policy and procedures that document how our organisation is child safe.

You can help us meet our commitment to child safeguarding by telling us if you are worried or unhappy about our services or the behaviour of our team members, volunteers or any stakeholders you come across in your role by contacting AIEF on (02) 8373 8000 or email mentoring@aief.com.au and asking to speak to the Mentoring Executive. We will take any concerns you may raise seriously and respond appropriately.

## Child Safeguarding – Behaviours and Actions

You may have noticed that we use the term "safeguarding." This is a term that which includes the broader structures, actions and procedures that we have in place to keep children young people safe from harm and abuse.

Child abuse includes physical, sexual, emotional, neglect, bullying and family violence. Abuse can be inflicted on a child by both men and women, as well as by young people themselves and in some cases professionals and other adults working with children in a position of trust.

The safeguarding behaviours we ask you to commit to include:

- Treating everyone with respect.
- Ensuring the adult/child relationship is within appropriate boundaries.
- Listening and responding to the views and concerns of children and young people, particularly if they are telling you that they or another child has been abused or that they are worried about their safety/the safety of another child or young person.
- Ensuring you are never alone with a child unless there is line of sight to other adults.
- Reporting any allegations of child abuse or any child safety concerns.

## Ensuring you do not:

- Ignore or disregard any suspected or disclosed child abuse.
- Use language or behaviour towards children that is inappropriate, harassing, abusive, sexually provocative, demeaning or culturally inappropriate.
- Initiate unnecessary physical contact with children.
- Photograph or video a child or young person without the consent of the parent or guardians and the child's consent when appropriate.





## Appropriate action if a child makes a disclosure

As a mentor you should:

- Be clear about limits on confidentiality.
- Listen, be supportive, understanding, non-judgemental, empathetic, and acknowledge the difficulty of disclosing.
- Reassure that it was right to tell.
- Say that a report will be made to a person who will be able to provide protection.
- Make objective and, as far as possible, verbatim notes on what has been disclosed these notes should be shared with AIEF and then kept confidential.
- Fully report concerns to AIEF.
- Ask for a debriefing if needed.

#### You should NOT:

- Push for details or conduct an investigation.
- Express judgement of the child, perpetrator, or family.
- Get angry, upset, or show shock.
- Blame the child.
- Put words in the child's mouth or interrogate.
- Promise not to tell.
- Give a lecture about right or wrong.
- Give excessive pity.
- Engage in general discussion with other parties about the disclosure.

## Confidentiality

If a student raises any specific disclosures or concerns about abuse or potential abuse you must share this with AIEF immediately contacting AIEF on (02) 8373 8000 or email mentoring@aief.com.au and asking to speak to the Mentoring Executive. This includes instances where you hear that the students are:

- Involved in any illegal activity, or
- At the risk of harm in any way.

It is essential be clear about limits to confidentiality. Students need to know that if they do make a disclosure to you about illegal activity, abuse or risk of harm, you are bound to share this information in order to keep them safe. Keep the student informed by telling them who you will talk to and what you will tell them.

A good education is one of the best gifts we can give our children. AIEF runs a great program, providing excellent opportunities and I'm glad to be part of it. — David Garratty, AIEF Mentor (HSBC)

## Maintaining professional boundaries

Mentors can have a significant influence on the lives of young people. Mentoring relationships are characterised by differing roles and an imbalance of power based on a number of factors including age. The mentor is responsible for maintaining a professional role in the relationship. This means establishing clear boundaries that serve to protect both parties from misunderstandings or a violation of the relationship.

Boundary	Example of violation
Communication	Inappropriate comments about a young person's appearance including excessive flattering comments
	• Inappropriate conversation or enquiries of a sexual nature (e.g. questions about a young person's sexuality)
	Use of inappropriate pet names
	Vilification or humiliation
	Jokes or innuendo of a sexual nature
	Obscene gestures and language
	Facilitating access to pornographic or any sexual material
	Failing to stop sexual harassment between young persons
Personal disclosure	Sharing of personal information about other young people
Physical contact	Unwarranted, unwanted and/or inappropriate touching of a young person personally or with objects (e.g. pencil or ruler)
	Initiating or permitting inappropriate physical contact by a young person (e.g. massage, tickling games)

Boundary violations by mentors represent a breach of trust and a failure to meet a duty of care to young persons. When mentors violate boundaries they risk:

- Harmful consequences for the young person,
- Seriously undermining the learning process, and
- Seriously undermining their professional reputation.

AIEF Mentoring requires a long-term commitment from both mentor and student, which allows you the time to build a meaningful relationship at a pace that suits you both. — Nick Groarke, AIEF Mentor (KPMG)



## Mentor Responsibilities

As a mentor participating in AIEF Mentoring, you must agree to the conditions of the program.

As a mentor participating in AIEF Mentoring, I agree to:

#### **Commitment**

- Attend and participate in all mandatory training and mandatory group events.
- Schedule and attend one-on-one sessions with the student.
- Complete required documentation and attend debrief sessions as part of the AIEF support and evaluation process.
- Make contact with the student by meeting or connecting by email, phone or text fortnightly.

### Safety and security

- Only exchange phone and email details.
- Not ask for a student's home address or provide my home address.
- Ensure all sessions take place in a safe, public location, in view of at least one other adult.
- Never initiate physical contact with a student. If a situation arises which makes me feel uncomfortable or unsafe in the mentoring relationship, to report it to AIEF immediately.
- Never transport the student in a private vehicle.
- Maintain confidentiality in all cases except where unlawful or criminal activity has occurred or there is any disclosure of abuse or risk of harm.
- Report any other concerns to AIEF who will liaise with relevant parties to follow up and provide an intervention if necessary.
- Exercise duty of care and provide a safe environment for meetings.
- Abide by all school rules and regulations and follow instructions of school employees, who retain primary authority.

#### Appropriate conduct

- Not contact the student via Facebook or other social networking sites (Twitter, Instagram, SnapChat, TikTok) and understand the need to maintain appropriate boundaries with the student.
- Not normally give or receive gifts (excluding very small gifts such as a card or chocolates for birthdays or graduations etc.).
- Not give or lend money to the student and be sensitive to their financial constraints.
- Refrain from any form of harassment towards the student.

#### General conditions

- Lead by example as a positive role model, for example by dressing appropriately, using acceptable language, being punctual, and by not smoking, consuming alcohol or illegal substances in sight of students.
- Not speak to the media or make public comment on behalf of AIEF without the permission of AIEF (all media enquiries should be referred to AIEF).
- Not post about or share photos on social media with AIEF Students or identifying AIEF Students without prior explicit permission of AIEF.

It takes time to build trust and create a good relationship. Becoming a mentor may not be easy at first, but it becomes very rewarding very quickly. – Merydith Clark, AIEF Mentor (HSBC)





# Part Three Your role as a Mentor

Mentors should aim to support students to develop their confidence and their understanding of the wide range of opportunities available to them. Relationships are usually successful when they are positive, supportive, and mutual – not solely driven by an agenda the mentor sets.

Mentors should recognise that they may become role models for students, and that their behaviour around and towards students must be acceptable and appropriate at all times.

## Effective mentoring

At AIEF, we believe effective mentoring:

- Builds a relationship focused on the needs of the student.
- Seeks to build mutual respect and instil trust.
- Promotes caring and supportive relationships with other people in the student's life.
- Encourages the student to aim high and develop to their fullest potential.
- Helps the student to identify, plan and achieve goals.
- Focuses on building and encouraging self-esteem.
- Prepares and supports the student's transition from school to work or further study.
- Helps the student work through problems or issues by providing a sounding board and helping them see things from a different, often longer-term perspective.

#### Good mentors will be/have:

- Active listening skills.
- Patient, caring and sensitive to the moods of others.
- Reliable, punctual, committed and dedicated.
- Trustworthy and respectful of students' privacy and confidentiality.
- Non-judgemental, open minded and culturally sensitive.
- Honest a person who operates with integrity and leads by example.
- Empathetic, with a high level of emotional intelligence.
- Life and career experience.
- An appreciation that the relationship will be a continuous learning experience for both the mentor and student.

I don't always have to give advice or have the answers. Being a good listener and supporting her decisions is just as valuable. – Cassandra Lazo Olivares, AIEF Mentor (BHP)

# **Appendices**

## Appendix I - AIEF Engage Portal

## Register for AIEF Engage

Mentors will receive an 'invitation' to register for AIEF Engage. The email will look like the image below.

Dear Albus

You have been invited to join AIEF Engage – an online system where you can RSVP for an event or report on your volunteering activity.

To redeem your invitation, and sign in for the first time, please click <a href="here">here</a>.

Thank you

AIEF

- 1. On clicking the link, you will be taken to the AIEF Engage portal landing page where the invitation code will be automatically populated.
- 2. Create a username and password.
- 3. Click Register.

Please note that your username cannot be changed once is has been created. We recommend that you register using a personal email address as your username and choose a password that is easy to remember.



You will then be taken to the main AIEF Engage page where you will be able to create your mentor sessions.

## Using AIEF Engage

Once you have created an account, you will be able to log in to AIEF Engage to submit your session reports after spending time with the student.

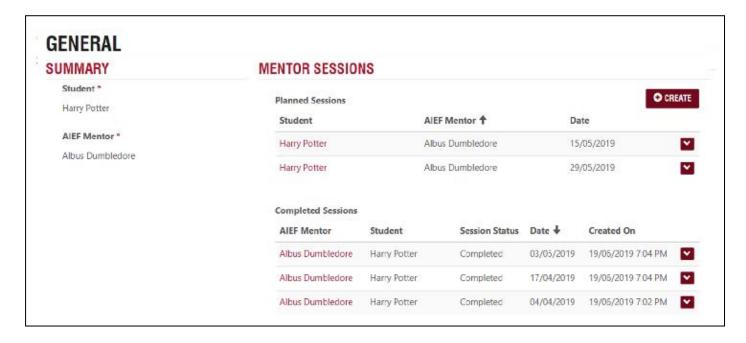
### To use AIEF Engage:

- 1. Go to AIEF Engage at https://aief.microsoftcrmportals.com/
- 2. Click sign in. We suggest that you save the AIEF Engage homepage to your favourites.
- 3. Click on Mentoring.
- 4. Then click on the student's name.



This will open a summary of your mentor sessions for the year. From this general summary page you can:

- Create a new Mentor Session report and enter your notes to submit to AIEF;
- Open planned session reports; and
- Review completed sessions notes.



## Submitting Mentor Session reports to AIEF

- 1. To open an existing report for a Planned Session, click on the student's name, or click Create to open a new report.
- 2. Input details about the session including the location and duration of the session.
- 3. Include any further details in comments that you would like the AIEF Team Member to know about.
- 4. Click Submit.
- 5. An email will be sent to AIEF to let them know that you have submitted a Mentor Session Report.

Please note that after 15 minutes of inactivity in the portal you will be automatically logged out.

Student *		Student Attendance	
Harry Potter		Attended	
AIEF Mentor *		Mentor Attendance	
Albus Dumbledore		Attended	
Date *		Session Time (in Hours)	
15/05/2019		1.50	
Mentor Session Type		Comments	
One-on-one School Session	•		
Session Location			
School Tuck Shop			

Please remember to submit a report to AIEF using the AIEF Engage Portal after each session, contact or attempt to contact the student.



# Thank you

Thank you for volunteering to be part of AIEF Mentoring. We hope this will be a positive and rewarding experience for both you and the student. With time, effort, patience and care, yours could be a wonderfully fulfilling, long term relationship.

Should you have questions or concerns at any time, please contact AIEF. We would also appreciate feedback on any aspects of the resources or structure of AIEF Mentoring.

## Contact AIEF

Mentoring Executive (02) 8373 8000 E mentoring@aief.com.au



## **Our Partners**

AIEF Mentoring is primarily supported by volunteer mentors from the AIEF Corporate Partner network.







































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